

Carmarthen - Llanelli

Monday to Friday (Excluding Bank Holidays) (Inbound)

Operator: FCYMF CYMF CYMF CYMF CYMF CYMF CYM

Carmarthen Bus Station, Bay 2 [2] 	--	0830	1030	1230	1430	1630	1825
Cwmffrwd (Black Lion)	--	0839	1039	1239	1439	1639	1833
Meinciau	0720	0848	1048	1248	1448	1648	1842
Pontiets (Rwyth Inn)	0727	0855	1055	1255	1455	1655	1848
Carway (Post Office)	0732	0859	1059	1259	1459	1659	1852
Ffos Las, Hoel Waunhir	0736	0903	1103	1303	1503	1703	1855
Ffos Las, Ffordd Brynderi	0737	0904	1104	1304	1504	1704	1856
Trimsaran (Rugby Club)	0744	0910	1110	1310	1510	1710	1902
Furnace (Stradey Arms)	0757	0921	1121	1321	1521	1721	1913
Llanelli Bus Station, Bay 3 (Arr) 	0804	0927	1127	1327	1527	1727	1919
Llanelli Bus Station, Bay 3 (Dep) 	--	0930	1130	1330	1530	1730	--
Parc Trostre	--	0934	1134	1334	1534	1734	--

Service 197 (FCAO197)

Timetable valid from 31st August 2025 until further notice

Llanelli - Carmarthen

Monday to Friday (Excluding Bank Holidays) (Outbound)

Operator: FCYMF CYMF CYMF CYMF CYMF CYMF CYM

Parc Trostre	--	0919	1119	1319	1519	1719	1819
Llanelli Bus Station, Bay 2 [2] (Arr) 	--	0924	1124	1324	1524	1724	1824
Llanelli Bus Station, Bay 2 [2] (Dep) 	0715	0927	1127	1327	1527	1727	1827
Furnace (Stradey Arms)	0720	0932	1132	1332	1532	1732	1832
Trimsaran (Rugby Club)	0733	0944	1144	1344	1544	1744	1843
Ffos Las, Hoel Waunhir	0738	0949	1149	1349	1549	1749	1848
Ffos Las, Ffordd Brynderi	0739	0950	1150	1350	1550	1750	1849
Carway (Post Office)	0743	0954	1154	1354	1554	1754	1852
Pontiets (Rwyth Inn)	0748	0959	1159	1359	1559	1759	1856
Meinciau	0756	1006	1206	1406	1606	1806	1902
Cwmffrwd (Black Lion)	0806	1015	1215	1415	1615	1815	1910
Carmarthen Bus Station, Bay 2 [2] 	0815	1023	1223	1423	1623	1823	1918

Service 197 (FCAO197)

Timetable valid from 31st August 2025 until further notice

Carmarthen - Llanelli

Saturday (Inbound)

Operator: FCYMF CYMF CYMF CYMF CYMF CYMF CYMF								
Carmarthen Bus Station, Bay 2 [2] 	--	0830	1030	1230	1430	1630	1825	
Cwmffrwd (Black Lion)	--	0839	1039	1239	1439	1639	1833	
Meinciau	0720	0848	1048	1248	1448	1648	1842	
Pontiets (Rwyth Inn)	0727	0855	1055	1255	1455	1655	1848	
Carway (Post Office)	0732	0859	1059	1259	1459	1659	1852	
Ffos Las, Hoel Waunhir	0736	0903	1103	1303	1503	1703	1855	
Ffos Las, Ffordd Brynderi	0737	0904	1104	1304	1504	1704	1856	
Trimsaran (Rugby Club)	0744	0910	1110	1310	1510	1710	1902	
Furnace (Stradey Arms)	0757	0921	1121	1321	1521	1721	1913	
Llanelli Bus Station, Bay 3 (Arr) 	0804	0927	1127	1327	1527	1727	1919	
Llanelli Bus Station, Bay 3 (Dep) 	--	0930	1130	1330	1530	1730	--	
Parc Trostre	--	0934	1134	1334	1534	1734	--	

Service 197 (FCAO197)

Timetable valid from 31st August 2025 until further notice

Llanelli - Carmarthen

Saturday (Outbound)

Operator: FCYMF CYMF CYMF CYMF CYMF CYMF CYMF								
Parc Trostre	--	0919	1119	1319	1519	1719	1819	
Llanelli Bus Station, Bay 2 [2] (Arr) 	--	0924	1124	1324	1524	1724	1824	
Llanelli Bus Station, Bay 2 [2] (Dep) 	0715	0927	1127	1327	1527	1727	1827	
Furnace (Stradey Arms)	0720	0932	1132	1332	1532	1732	1832	
Trimsaran (Rugby Club)	0733	0944	1144	1344	1544	1744	1843	
Ffos Las, Hoel Waunhir	0738	0949	1149	1349	1549	1749	1848	
Ffos Las, Ffordd Brynderi	0739	0950	1150	1350	1550	1750	1849	
Carway (Post Office)	0743	0954	1154	1354	1554	1754	1852	
Pontiets (Rwyth Inn)	0748	0959	1159	1359	1559	1759	1856	
Meinciau	0756	1006	1206	1406	1606	1806	1902	
Cwmffrwd (Black Lion)	0806	1015	1215	1415	1615	1815	1910	
Carmarthen Bus Station, Bay 2 [2] 	0815	1023	1223	1423	1623	1823	1918	

Service 197 (FCAO197)

Timetable valid from 31st August 2025 until further notice